



Marshall County Old Settlers 5k & 10k

Lacon, IL August 27th 2016

race day registration: 6:15 am ~ race start: 7:30 am ~ toddler trot: 8:45 am

The races start and end at the stage by the tank, 1 block East of the intersection of Routes 17 and 26.

5k first overall female and male ~ 5k first overall Lacon female and male ~ 5k 1st, 2nd, 3rd in each age division

10k first overall female and male ~ 10k finishers medal ~ toddler trot participant medals



5k AGE DIVISIONS ~ FEMALE / MALE

13 & under, 14-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65 & over

Participants registered by Aug. 7th are guaranteed a tee shirt, the shirts will be first come, first serve after Aug. 7th.



There will be food and drinks for participants following the race.

Walkers are welcome to sign up for the 5k. The toddler trot is free.

ShaZam racing is providing timing with ChronoTrack Live results and this is an IVS Grand Prix event.

New for 2016, IVS Grand Prix runners get \$5 off of their registration (except race day registration).

Packet pick up will be in Lacon, Thursday night Aug. 25th or in the morning of the 27th.



Information and online registration: marshallcountyoldsettlersraces.yolasite.com

Mail ~ completed form & check to: Josh Close, 640 Banta Road, Lowpoint, IL 61545

In Person: drop off completed form & payment to: Amanda Barnett at Lacon Fitness & Tan

Make checks payable to: Old Settlers 5k Race. CONTACT US: OldSettler5kRace@gmail.com

Name: _____

Please indicate the distance below. IVS GP subtract \$5

Street: _____

COSTS UNTIL AUG. 7th _ 5k RUN/WALK \$25 _ 10k RUN \$30

Town/Zip: _____

COSTS AFTER AUG. 7th _ 5k RUN/WALK \$30 _ 10k RUN \$35

Email: _____

Birthday: _____ Age on Race Day: _____

Phone: _____ Gender _____

Shirt Size: S M L XL XXL

Release & Waiver: In consideration for acceptance of my entry, I for myself, my executors, heirs & assignees- do hereby release & discharge the city of Lacon and the Lacon Chamber of Commerce and sponsors/supporters from all claims or damages, demands, actions, whatsoever in any manner arising or growing out of my participation in said athletic event. I attest & verify that I have full knowledge of the risks involved in said athletic event & am physically fit & sufficiently trained to participate in said event.

Signature _____

Signature of Parent/Guardian (under 18) _____

IVS Grand Prix discount code (contact the race or Bill Holmes for the code) _____